

## Health and diseases

### I. Which symptoms indicate those diseases :

1. anaemia
2. the common cold
3. food poisoning
4. 'flu [influenza]
5. migraine
6. mumps
7. pneumonia
8. measles
9. high blood pressure
10. shock or a blow

- a. a cough, a runny nose, sneezing
- b. dizziness, shivering, a headache, fever
- c. spots
- d. swelling under the ears
- e. rapid heart beat
- f. sickness, stomach-ache, vomiting
- g. weak pulse rate, fainting
- h. fainting, double vision, paleness
- i. high fever, pain in the chest, a strong cough
- j. splitting headache, sickness

### II. Translate the sentences

1. He often suffers from hay-fever.
2. Mary is pregnant.
3. Steven can't be a driver because he's colour-blind.
4. I have a sore throat - I smoke too much.
5. Americans are crazy about keeping fit - many of them go to fitness clubs.
6. Flu is an infectious disease.
7. If you want to lose weight, you must go on a diet.
8. My dog was vaccinated against rabies.
9. You can't buy this medicine without a prescription.

10. The nurse took my temperature.
11. This famous surgeon has operated on my mother.
12. I sprained my ankle when I was playing football yesterday.
13. Steven has a black eye now that he has tried to argue with my boyfriend.
14. Five people were severely injured in the accident.
15. Steven had a nervous breakdown after his dog's death. It's difficult for him to get over such a strong shock.

### III. Which drugs are :

- |  |   |                                  |
|--|---|----------------------------------|
| 1. taken by mouth                              | 2. injected into the body               | 3. applied to the body surface ? |
| pills    cream    powder    vaccine    plaster | bandage    tablet    ointment    lotion |                                  |

### IV. What advice does the doctor give ?

1. I'm going to Nepal on business.
  2. I can't get into my clothes
  3. I can't sleep at night.
  4. My eyes are often sore and I sneeze a lot.
  5. I often have stomach-ache.
  6. I feel much better, doctor.
  7. I've got a terrible cough.
- a. Good, you needn't come back for a month.
  - b. You really must stop smoking.
  - c. You should do more exercise - it's very relaxing.
  - d. You'll have to have a few injections.
  - e. You shouldn't eat so much fried food.
  - f. You really must lose some weight.
  - g. You should have some allergy tests..

### V. Match the symptoms with the explanations.

1. Why are you sneezing ?
  2. Why are you yawning ?
  3. Why are you bleeding?
  4. Why are you sweating?
  5. Why are you shivering?
  6. Why are you shaking?
  7. Why are you vomiting?
- a. I'm terrified by this story
  - b. I've cut myself with a razor.
  - c. I'm bored with this lecture.
  - d. I have a bad cold.
  - e. I'm very cold.
  - f. I must have eaten some bad food.
  - g. It's too warm in here

### VI. Fill in the gaps with suitable words.

1. If you want to find out someone's temperature, use a .....
2. I had to wait an hour in the doctor's.....
3. The main symptom of hay fever is that you keep .....
4. It was quite a bad cut and it was bleeding, so I put on a .....
5. I think he's broken his leg. Quick, someone call an .....
6. If someone is seriously ill, they may go to hospital to have an .....

7. He was ten kilos overweight and was advised to go on a .....
8. If you want antibiotics, you'll have to ask the doctor for a .....
9. If you've got measles, your skin is covered in .....
10. Flu is .....- other people can catch it from you.
11. I think you take too many sleeping .....
12. I've got a .....nose. I suppose it's a cold coming on.

*infectious thermometer diet pills ambulance spots surgery plaster operation runny sneezing prescription*